

AMENITIES, Italy

TAKING TIME / PRENDENDO TEMPO Individual Residency Programme
PLACE, PEOPLE AND TIME Group Residency programme

FILIGNANO +

N.B. Most close for siesta approx. 13:00-16:00. Some close on Wednesday afternoons

Bar (Caffè del Borgo), Filignano: (coffee, pastries, alcohol, ice-cream) Filignano's social space.
Food Fri-Sun evenings

Taproom, Birra Kashmir, (entrance behind the Bar)

Butcher (Luigi's), Filignano: excellent fresh meat

Chemist, Filignano: well stocked range of products

Hotel (Le Ginestre), Filignano: restaurant/bar, football pitch, swimming pool (end June – end Aug)

Mini Supermarket (Milena Verrecchia), Filignano, located inside Bar premises (will deliver to Collemacchia)

Post Office, Filignano: open in mornings, avoid peak hours!

Town Hall, (Comune di Filignano), in Filignano piazza

Gelati (ice cream)

- The Bar and hotel In Filignano both sell fresh ice cream

- Passicrate; Via Campania 35, 86079 Venafrò

CASH POINT

Pozzilli (10 mins by car/bus from Collemacchia)

HARDWARE STORES

Nuova Ferramenta, Via delle Milizie, 86079 Venafrò (town centre).

Izzi, Fai da Te (Do it Yourself), Viale San Nicandro 29, 86079 Venafrò (outside town)

MARKET and SUPERMARKETS

Outdoor market: Venafrò, Wednesdays and Saturdays approx. 7-11am.

Supermarkets: Decò, Conad (Pozzilli and Venafrò); MD Montaquila (opposite Centro Commerciale I Melograni, S.S. 85 Roccaravindola)

LOCAL EVENTS

Caffè del Borgo: Filignano (run by Adua); Facebook @caffedelborgofilignano / Instagram @caffe_del_borgo

Pro Loco Mainarde: local group that organises walks, cultural events etc.; Facebook @prolocofilignano

RESTAURANTS (selected)

Bar (Caffè del Borgo), Filignano

Due Palme, Pozzilli

Mó Mó, Pozzilli

La Tiana, Cerasuolo

Punto Molise, Montaquila

Il Giardinetto del Volturno, Montaquila

Casa Pleiadi (Centro Enogastronomica Culturale), San' Agapito

Eleven Club, Venafrò

Antico Borgo, Venafrò

Cascina Le Noci, Venafrò

Sapori Miei, Vairano Patenora

SWIMMING, GOLF and HORSE RIDING

Le Ginestre Hotel, Filignano: outdoor swimming pool. Approx. €6, plus charge for sun loungers: Swimming cap must be worn; buy at the pool

Hotel Dora, Venafrò. Three pools: large with diving board; small pool; 'baby' pool. €5-10, no additional charge for sun loungers

Los Cocos, Venafrò: child/family focussed pool

Lago di Castel San Vincenzo. Large lake, with small café/bar, horse riding and lodges for overnight stay (45mins by car from Collemacchia)
Varvarusa Golf Club: walking distance from Filignano

WALKING / HIKING

Collemacchia and the nearby mountains are fantastic for walking. An extensive network of foot paths will take you across remarkable terrain to wonderful sites, structures and views. On shorter walks, trainers or trail shoes are fine but hiking boots are required for longer and more difficult walks and to go higher up the mountains

A detailed map of the routes is in your accommodation; walking routes indicated by red/ white stripes

Use sticks: good for steep and overgrown ground, and striking the ground keeps animals away
The National Park cares for marsicano bears (rarely seen) and manages e.g. wild boar, wolves and deer

Essential kit: hat, suncream, water (plenty), food, compass, whistle. Antihistamines, if required
Fragments of WWII artefacts such as shells can still very occasionally be found lying in plain sight:
Be extremely careful: do not touch as powder may be dry, so explosion is a real possibility
When undertaking long walks, notify someone of your route before you depart / leave a note in your accommodation

See parcoabruzzo.it for more walking routes, locations of mountain huts and bivouacs etc.

MUSEUMS

Museo Storico del Territorio: top floor, Primary School, Filignano

Museo Mario Lanza: top floor, Primary School, Filignano

War museums: in Cerasuolo and Scapoli villages, and Venafro town

Museo Winterline Venafro: Palazzo De, Via De Utris, 86079 Venafro

Archaeological Museum / Museo Archeologico di Venafro, Venafro, Corso Garibaldi, 10, 86079 Venafro

National Museum of Castle Pandone: Via Tre Cappelle, 86079 Venafro

Palazzina Liberty (collection of agricultural artefacts, events) 86079 Venafro.

Fondazione Molise Cultura, Via Milano 15, 86100 Campobasso

Bagpipe Museum, Scapoli

Marinelli Bronze Foundry and Museum (bells), Agnone

ARCHEOLOGICAL SITES

Anfiteatro romano di Venafro: Via delle Milizie, 1, 86079 Venafro

Teatro Sannita Pietrabbondante: Sannite building complex (4th C BC -), rebuilt by the Romans in the 2nd C BC (approx 50 mins by car)

Area Archeologica di Saepinum: Altilia (Sepino), ancient Roman city in heart of Molise (approx 1hr by car)

Herculaneum: Ercolano, Naples. Roman site affected by Vesuvius Volcano (approx 1 hr 30 mins by car)

Pompei: the most well-known of cities destroyed by the Vesuvius Volcano (approx 1hr 40mins by road)

NAPLES suggestions

Cappella Sansevero

Catacombs of San Gennaro

Herculaneum. Roman site affected by Vesuvius Volcano (approx 1 hr 30mins by car)

Hosteria Masaniello: pizzeria with good reviews

Museo e Real Bosco di Capodimonte

Museo Archeologico Nazionale

Il Madre Museo d'arte contemporanea Donnaregina di Napoli: contemporary art museum

Naples Botanical Garden

Nam43: restaurant that celebrates neapolitan food

Pompei: the most well-known of cities destroyed by the Vesuvius Volcano (approx 1hr 40mins by road).

ROME suggestions

Capitoline Museums

Galleria Borghese

MAXXI, National Museum of 21st Century Art

MACRO, Museum of Contemporary Art of Rome

National Gallery of Modern and Contemporary Art

Palazzo Altemps

Palazzo Barberini

Palazzo Massimo alle Terme

Spada Gallery

Terme di Diocleziano

Vatican Museums

RELIGIOUS CENTRES and PLACES OF WORSHIP

Catholic Church; Parrocchia Della Ss. Concezione, Filignano

Evangelical/Protestant Churches: Chiesa Cristiana Evangelica and Chiesa Apostolica, Venafro

Mosque: Centro Islamico Culturale 'La Luce', Cassino

Synagogue: Sinagoga di Napoli, Naples